



CHRISTMAS CHECKLIST



PRESENTS

KIDS

IDEAS	PLACE OF PURCHASE	BOUGHT/ MADE	WRAPPED

TEACHERS/CARERS

IDEAS	PLACE OF PURCHASE	BOUGHT/ MADE	WRAPPED
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PARTNER

IDEAS	PLACE OF PURCHASE	BOUGHT/ MADE	WRAPPED
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PARENTS

IDEAS	PLACE OF PURCHASE	BOUGHT/ MADE	WRAPPED
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SIBLINGS/IN-LAWS

IDEAS	PLACE OF PURCHASE	BOUGHT/ MADE	WRAPPED



EXTENDED FAMILY

IDEAS	PLACE OF PURCHASE	BOUGHT/ MADE	WRAPPED



WORKMATES

IDEAS	PLACE OF PURCHASE	BOUGHT/ MADE	WRAPPED
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EXTRAS

IDEAS	PLACE OF PURCHASE	BOUGHT/ MADE	WRAPPED
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FOOD CHECKLIST

TO-DO	DATE	DONE
Write Menu Plan for Christmas Week		
Write Menu for Christmas Eve		
Write Menu for Christmas Day		
Write Shopping List		
Pre-order Meats / Seafood		
Purchase Alcohol / Drinks		
Purchase Perishables online and get delivered		
Purchase Fresh Food		
Bake and freeze cookies, cakes etc		
Organise table decorations		

TO-DO	DATE	DONE
Write a Christmas Eve / Day timeline for food. Include: <ul style="list-style-type: none"> • Thawing meat on Christmas Eve 		
<ul style="list-style-type: none"> • Prepping vegetables on Christmas Eve 		
<ul style="list-style-type: none"> • Making dessert on Christmas Eve (or before) 		
<ul style="list-style-type: none"> • Make salad dressings Christmas Eve 		
<ul style="list-style-type: none"> • When to start cooking each dish on Christmas Day 		
Chill drinks / buy ice		
Prepare nibbles platter		



GENERAL TO-DO

TO-DO	DATE	DONE
Update Christmas card list		
Buy/Make Christmas cards		
Write Christmas Cards		
Send Christmas Cards		
Buy wrapping paper		
Set present budget		
Set food budget		
Plan when you are shopping		
Test Christmas lights		
Decorate house		

TO-DO	DATE	DONE
Purchase tree		
Put up and decorate tree		
Clean out kids toys		
Send all gifts that require postage		
Put your self-care into the calendar		
Purchase gift for those in need		
Visit Christmas Lights		
Watch Love Actually		
DO NOTHING FOR ONE WHOLE DAY		
Make space on your camera/phone to capture memories		
Set the Christmas table		
Prepare Guest Rooms if you are having visitors		

TO-DO	DATE	DONE
Clean/declutter your home: <ul style="list-style-type: none"> • Kitchen Clean 		
<ul style="list-style-type: none"> • Bathrooms 		
<ul style="list-style-type: none"> • Floors 		
<ul style="list-style-type: none"> • Spare room 		
<ul style="list-style-type: none"> • Toy room 		
<ul style="list-style-type: none"> • Kids' bedrooms 		
<ul style="list-style-type: none"> • Your room 		

WHAT NOT TO-DO LIST

- 🎁 Say yes to things that make you feel sad or groan in pain!
- 🎁 Over spend
- 🎁 Please everybody else and not yourself
- 🎁 Schedule in every moment of every day
- 🎁 Stop your movement routine or anything else that fills you with joy
- 🎁 Send Christmas cards out of obligation
- 🎁 Beat yourself up for eating one to many....well....anything!
- 🎁 Make sure your house is spotless before guests
- 🎁 Expect perfection
- 🎁 Have so much on your to-do list you don't stop to notice the small magic moments each day offers



SCHOOL HOLIDAYS ACTIVITY IDEAS



-  Contact friends and lock in play dates
-  Ask kids for three things they'd like to do and make a Kid List
-  Ask kids to make dinner once a week
-  Make homemade pizza together
-  Make wrapping paper (buy butchers paper and paint, stamp or sticker away!)
-  Tidy their rooms (!)
-  Bake
-  See a movie
-  Visit the beach/pool
-  Go for picnics
-  Try fruit-picking
-  Check your local library for school holiday activities
-  Check your local shopping centre and council for holiday activities
-  Participate in a community event for those less fortunate
-  Take public transport somewhere (anywhere!)
-  Make cubby-houses
-  Set up a 'cinema room' and make popcorn for a movie day
-  Make a ginger bread house
-  Teach them how to make movies on your phone
-  Have a PJ day